

Lesson 19

New Year's Resolution

新年愿望

A: Hi, my friend, Mr. Ren, Happy New Year!

R: Happy New Year to you too. "Hongbao" please.

A: Hahaha, you are kidding, but I do have a "Hongbao" with a cion in it. Here you are.

R: Thanks. It doesn't matter as long as it will make us happy and good luck this year.

A: Mr. Ren, you know, I have made a new year's resolution.

R: Really? I did not do it any longer. Could you tell me what you are writing on your new year's resolution?

A: Sure. It is a long list. Please be patient.

R: All right, please go ahead.

A: I plan to get up at 7 in the morning, and prepare the breakfast for my family, and prepare lunch box for my grandson. It takes me about half an hour. I will practise "Taiji" for 15 minutes. After exercises I will take my breakfast.

R: That is the same as I do. What do you always do after breakfast? When do you send your grandson to the primary school?

A: I always watch TV news either in English or in Chinese after breakfast. I send my grandson to school at 9 AM. When I am back, I am always walking my younger grandson if it is fine.

R: After you are back from walking, what do you plan to do?

A: I could hardly spare time with myself, I am tied with household mass. I have to look after the younger kid till he finishes his lunch.

R: You should have a break or you will be tired up. Do you have any time alone with yourself?

A: Yes. I do. It is cat napping hour and sleeping time. You might know, I have plenty of resolution to meet with.

R: What is your resolution?

A: I plan to write an article every day, read 3 pages of novel, listen to news for 30 minutes at least, do Taiji 15 minutes, practise calligraph one hour, practise singing one hour, do growing vegetables, and chat with my friends on wechat. All in all, I am tied up with myself.

R: My goodness! You are too greedy!

A: I practise my new year's resolution for a week and get tired of my long list, I wish I could continue it but bit by bit I run out.

R: You know nothing is easy to make success if you don't keep up.

A: By the end of the year, I find I finish none of them! Then I make another New Year's resolution.

R: I did the same as you do when I was young, Before long I found "More haste and less speed". Right now I find nothing is more important than to keep myself in good health. I go fishing over singing, watch TV or mobile over drinking, I ride a bike along the creek, enjoying the water singing and fresh air. I eat well and sleep well having nothing to worry about. I have no resolution at all but to kill the time with enjoyment. I am happy-go-lucky like a fairy kid!

A: I am but envying!

你好，老任，新年快乐！

你也新年快乐！红包拿来？

哈哈，你真会搞笑。不过，我还真有红包，不过里面只有一个硬币。拿去吧。

谢谢，没关系，只要有，让我们开心和新年好运就行。

老任，你知道吗，我做了个新年祝愿。

真的假？我不再做什么新年祝愿了。你可以告诉我你写了点什么东东在新年祝愿中吗？

当然可以，不过还挺长的。你得耐心点。

好的，说吧。

我计划早晨 7 点起床，然后给家里做早餐，和给外孙准备午餐。大概要半个小时。然后练练太极拳，大约 15 分钟。然后吃早餐。

这和我通常做的一样，早餐后你干啥呢？你什么时间送小孩上学？

早餐后我通常看看英语或中文电视，9 点我送小孩上学，回来后，如果天气好，我就带小孙子去遛弯。

散步回来干啥呢？

我很少自己的时间，我被家务蹭住不可开身。我还得照看小孙子知道他吃完中餐

你应该休息一下，否则你会累坏的，你有自己单独的时间吗？

有啊，那就是午休和睡觉时间。你知道，我有很多愿望想要。

那你的新年愿望是什么呢？

我想每天写一篇文章，读 3 页小说，至少听 30 分钟新闻，练 15 分钟太极拳，练一个小时书法，唱一个小时歌，种菜，和朋友微信聊天，总之，我一天排得满满的。

我的天哪！你太贪心啦！

我履行我的新年愿望大约一个星期，就对我长长的清单感到疲惫了。我希望我能继续下去，但很快我就精疲力竭了。

你知道任何事情不坚持都是不可能简单成功的。

到了年底，我发现我的愿望一事无成，我又拟定新的新年愿望。

我年轻的时候和你一样，很快我发现“欲速而不达”这个道理。现在我发现没有什么比健康更重要啦，我一边唱歌一边钓鱼，一边看电视或手机一边喝酒，我沿着小溪踩单车，听小溪潺潺，享受清新空气。我吃好睡好悠悠无事。我不再有什么新年愿望，只是高高兴兴地打发时间。我像个无忧无虑的小孩。

我真羡慕你。